

NDA Board Meeting on Friday, 6th of February, Copenhagen

Date: **Friday 6th of February, 2026** 13:00-17:00 – Lunch: 13.00-14.00 CET

Place: Clarion Hotel, Copenhagen Airport
with Board Lunch from 13.00-14.00 and NDA Board Meeting from 14.00-17.00

Invited:

Denmark: Christian Vestergaard **(present)**

Deirdre Nathalie Dufour, Rikke Bech, Simon Francis Thomsen **(Deidre and Simon absent, Rikke on zoom)**

Finland: Teea Salmi, Laura Huilaja, Kirsi Isoherranen **(Teea absent, Laura and Kirsi on zoom)**
Veli-Matti Kähäri **(present)**

Norway: Usha Hartgill, Teresa Løvold Berents, Ingrid Snekvik, Jan Cezary Sitek **(Usha on zoom, the other present)**

Sweden: Lena Lundeberg, Mihaly Matura, Arne Wikström **(all on zoom because of cancelled flights)**

Iceland: Gisli Ingvarsson, Baldur Baldursson **(both absent)**

NDA Office: Agneta Andersson **(on zoom part of the meeting)**

Agenda

§14 **Opening and welcome**
Christian
Presentation of everyone

§15 **Minutes from NDA board meeting** on Thursday 18th of September, 2025
approved

§16 **Economical report**

- and banking status

Agneta goes through the NDA 2025 result

- payment from Island is missing
- NCDV in Helsinki has given a good income of about 600.000 SEK, but will be included in the report for 2026.
- Cost for grants were 65.000 SEK (for participation in the NCDV congress), 100.000 SEK (research grants)
- Cost for NDA lectures were 67.000 SEK
- There was a negative result in total of 210.000 SEK
- The young investigators meeting almost did not cost NDA anything because of sponsorship from Novartis.
- Other costs were for meeting rooms, board member expenses and the cost for NDA office/administration.

- In total, NDA has 2.079.000 SEK in balance
- Discussion about expenses for NDA lectures. These should be paid directly to the lecturer by each national society, and NDA should get an invoice directly from the national society. In the amount of 1.000 Euro, VAT and other taxes is included. We call it NDA Lecture award instead of honorarium for tax purposes, since awards in many countries are free of taxes.

§17 Website

Follow-up: respective representatives.

§18 Nordic courses – an update

Given courses:

8th surgery course in Copenhagen, 61 participants, gives 11.5 CME credits

1st course on genital dermatoses in Oslo, 15 participants, gave a deficit of 5.000-6.000 Euro, which NDA will sponsor. We recommend repeating the course but to have a longer time for announcement

9th course on Dermoscopy course in Gothenburg

Upcoming courses:

Nordic course of primary cutaneous lymphomas, Gothenburg May 2026

Pediatric dermatology course in Helsinki, in the future.

Skin of colour in Stockholm, probably 2028.

§19 National NDA lectures 2026

Lectures will take place in Denmark, Sweden, Norway and Finland. For now all countries have had a chance to have two lectures except for Iceland

§20 The 3rd NDA Young Scientist Meeting at EADV 2025 Congress in Paris

Meeting was very successful with about 40 participants. Novartis sponsored room + dinner, 2-3 planners from each country. Novartis will be asked for sponsorship in 2026.

§21 2025 NDA Research Grants

Grants were given to Kamila Anna Zub Carlsson in Norway for studies on BCC, and to Toke Touborg in Denmark for studies on atopic dermatitis. Each of them got 50.000 SEK. In total, there were 11 applications.

For 2026 amount is raised to 150.000 SEK, given to 2-3 persons.

§22 Updates from the National Societies

Sweden: Their society has 667 members. Different courses have been given for residents. The future for "vårdval" (private sector) in Stockholm has been discussed, and "vårdval" shall 2027 be replaced by another form of agreement with the region authorities. In the national spring meeting in Uddevalla, Jeanne Duus from Denmark will be the NDA lecturer. Maria Bradley will organise a national course on skin of colour.

Finland: Their society has 410 members. The annual meeting will be held in Helsinki in April and the autumn meeting in Tampere in November. Amra Osmanovic will be NDA lecturer talking about Treatment of MF.

Norway: Their society has about 350 members. They have had 4 board meetings and an annual autumn meeting. Subsidized lab costs for the private sector have been discussed.

Denmark: Their society has 340 members. Two annual meetings are held.

§23 2028 Nordic Congress in Oslo - update

Goes over the plans so far. Date decided: 25-28th of April.

Clarion Hub hotel has been booked. Board meetings will be in the afternoon of 25 April, and general assembly in the morning of 26 April. The congress starts on 26 April, welcome reception in the evening. A banquet is planned on the 27th of April.

A big lecture hall with place for 1000 people is available and is dividable for 2 separate meetings. Two additional rooms are also available, for 225 and 210 persons. An exhibition hall of 750 sqm is also available. There will be mostly Nordic speakers with each country represented. Some plenaries will be from outside. Nurse sessions will also take place.

§24 NDA president-elect

The next president should be in the board some time before taking over, and the change should not be from one day to the other. Interested persons can contact Christian.

§25 Other issues

Next meeting will take place during the EADV congress in Vienna.

Christian Vestergaard

NDA President

**Arne Wikström this meeting (instead of Deirdie
Nathalie Dufour NDA Secretary General)**