

Minutes from NDA Board Meeting on Thursday 18th 2025

Date: Thursday September 18th, 2025 at 17:00-19:30 (local time) - followed by dinner.

Place: Castille Hotel Paris - 33-37 rue Cambon - 75001 - Paris - FRANCE
T. +33 (0)1 44 58 45 02

Invited:

Denmark: Christian Vestergaard, Deirdre Nathalie Dufour, Rikke Bech, Simon Francis Thomsen
Finland: Teea Salmi, Laura Huilaja, Kirsi Isoherranen
Veli-Matti Kähäri.
Norway: Usha Hartgill, Teresa Løvold Berents, Ingrid Snekvik, Jan Cezary Sitek
Sweden: Lena Lundeberg, Mihaly Matura, Arne Wikström
Iceland: Gisli Ingvarsson, Baldur Baldursson
NDA Office: Agneta Andersson

Present:

Denmark: Christian Vestergaard, Deirdre Nathalie Dufour, Rikke Bech
Finland: Teea Salmi, Laura Huilaja, Veli-Matti Kähäri.
Norway: Teresa Løvold Berents, Ingrid Snekvik, Jan Cezary Sitek
Sweden: Lena Lundeberg, Arne Wikström
Iceland: Baldur Baldursson

On Zoom: Mihaly Matura

Not present: Kirsi Isoherranen, Usha Hartgill, Gisli Ingvarsson, Simon Francis Thomsen, Agneta Anderson

Agenda

§1 Opening and Welcome

Christian and Nathalie welcomed participants - followed by a brief presentation of all attendees.

§2 Minutes from NDA Board Meeting on Tuesday, May 6th, 2025, and Board Report Meeting Minutes were approved.

§3 Economic Report and Banking Status

Arne presented the NDA forecasts for 2025. He noted that payment for the last two years from Island was missing and that the NCDV surplus to NDA had not yet been included in the report. Denmark is awaiting a refund of three payments of 3,000 SEK each. Additional expenses were reported - and research grants are expected to increase in 2026, from 100,000 SEK this year. As Arne has taken over the treasurer post, a great deal of bank formalities have to be taken care of. In the meantime, Katarina has kindly offered to handle any payments that arise in the transitional period. Hopefully, the formalities will be settled within 1–2-month from now.

The report was approved.

§4 Website

The NDA website has no official web-master and is therefore considered the responsibility of all members of the NDA board. In order to ensure that content is current, any information on updates or need for corrections of content, should kindly be directed to Nathalie and Agneta, who will follow up and update the website.

§5 Nordic Courses – Update.

Laura provided updates from the Educational Committee meeting May 2025: new Norwegian members as Olaf Antonson replaces Eidi.

EACCME credits will be included for NDA courses, and professional congress organizers can apply - credits have been applied for the Genital Dermatoses course. CAP partners will apply for courses they organize.

The capacity challenge was addressed as resident demand for training exceeds available course places; clinics are asked to provide stronger administrative support.

Promotion of the NDA courses on the NDA website cannot stand alone and will be supplemented by promotion in the societies. This effort will be coordinated by Laura with 1 contact person per society, who will be responsible for spreading NDA course information: Agneta (SE), Ingrid (NO), Rikke (DK) and Baldur (IS).

Upcoming courses;

- 8th Nordic Course on Skin Surgery 2025 (NCSS 2025) in 14.-15th of August 2025.
- 9th Nordic Dermoscopy Course (NDC 2025) in 24th of October 2025.
- 1st Nordic Course of Genital Dermatoses 6-7th of November 2025.
- 4th Laser course, dates not set yet.
- Lymphoma course – planning is in progress. Melanin-rich skin course to be expected in 2026

Subjects for new courses was discussed: Baldur suggested a course on side effects of biological treatments (washout, flushing, etc.).

§6 National NDA Lectures 2025

In Denmark, John Paoli held a great NDA lecture on MM in January 2025 and a NDA lecture by Kaisa Tasanen-Määttä on Bullous diseases is planned for January 2026. Finland and Norway will have NDA lectures delivered by Sam Polesie in 2025. In Sweden the NDA lecture 2026 is on contact allergy by Jeanne Duus Johansen (DK). The economical frame of the NDA lecture is unchanged: a lecture fee of €1,000 and travel expenses and one night's hotel coverage. All members were encouraged to contribute with suggestions for good and inspiring NDA lecturers.

§7 3rd NDA Young Scientist Meeting at EADV 2025 Congress in Paris

Christian reported that the meeting had approximately 40 participants. Novartis sponsored the room and dinner and 2 scientists from each country participating in the planning the event. At the Paris meeting on 18.9.25 Petter Gjersvik was invited to introduce the NDA.

A Young Scientist session was proposed by the board, for the NCDV in 2028.

§8 NDA Research Grants 2025

The research grant cycle is open, with deadline October 12th 2025. For next year, the grant amount was proposed increased to 150,000 SEK, with possibility of split into different sums. This was approved by the board. It was stressed that grants are primarily awarded to individuals rather than institutions, and that NDA research grants, does not cover overhead costs if awarded to institutions. Apart from the grant amount, no changes will be made to the present NDA Research Grant application text and Teea will continue administering the application process as previously.

§9 Updates from National Societies

Sweden:

SSDV announced steady growth, with membership reaching 669 -369 specialists and 156 residents. A

recent board meeting and workshop organized with the support of Mediahuset, advanced efforts to modernize the society's digital platforms in order to streamline administration and communication. SSDV has also had success in reducing membership fees while simultaneously increasing the number and size of scholarships.

Resident training remains an area of focus, despite challenges in accommodating all interested participants. There has also been a meeting with heads of departments to discuss national priorities, including *Choose Wisely* and NHV (National Highly Specialized Care). Looking forward, the 2026 Annual Meeting will be in May, featuring an NDA lecture on contact allergy by Jeanne Duus Johansen (DK). In March 2026, Maria Bradley and her team will host a resident course on melanin-rich skin, which will be followed by an NDA course later in the year 2026.

Finland:

SILY reported 409 members, with the current board serving until spring 2027 under President Teea Salmi. Preparations for the Fall Meeting in Jyväskylä (5–7 November 2025) are advancing, with a program that will include resident training in dermatopathology, a research session, and a symposium on digitalization in dermatology, highlighted by a keynote lecture on AI from Sweden's Sam Polesie. Two sponsored symposia will also be part of the program.

The Annual Meeting in Helsinki (16–18 April 2026) will feature a resident course on autoimmune skin diseases, the symposium "Dermatology Then and Now," and the Jaakko Karvonen symposium. SILY emphasized its ongoing support for residents through a rotating (of in all 8) curriculum of training topics, research and travel grants and continued coverage of EADV fees for new members.

Specialist exams are now held twice per year and include mostly five essay questions.

Major milestones include the near-completion of the updated Finnish dermatology textbook and the ICD-11 Finnish translation project of almost 6000 codes, which combines AI-assisted drafting with expert review.

Norway:

NFDV has 350 members, with Ingrid Snekvik serving as Vice President. There is now one annual meeting, held alongside the General Assembly in autumn, while board meetings will continue six times per year. Scholarships, awards, and courses remain active, and the Norwegian Night at EADV continues. Ongoing issues include approval for CME points, the sunbed topic and regulation of social media content; only 4% of current content come from dermatologists.

Denmark:

DDS has continued challenges with managing the Dermloop referral system between GPs and hospitals. The society maintains its annual meeting, General Assembly, and educational courses. Board members are actively overseeing the smooth operation of these events and ensuring member participation.

Iceland:

Flagslenskra hðlækna has 22 members, including two new members. Most members work in private

or cosmetic practice, and several serve as influencers. The society has not held formal meetings in the past three years. The department of dermatology in Reykjavik is working to raise salaries and recently appointed a new professor. Also, an upcoming retirement issue is to be expected in Island in the coming years.

§10 2025 Nordic Congress in Helsinki – Evaluation and Report

Veli-Matti reported that CAP provided the report an evaluation update two days ago - highlights of the report was:

- 748 participants from 26 countries -considered the NCDV 2025 relevant and necessary.
- €125,635 surplus after CAP share to be split between SILY and NDA (62,818€ to both).

Surplus primarily derived from sponsors, not participant numbers.

Two weeks allowed for all parties, including the NDA board (deadline Friday October 3rd, 2025) to approve the report.

NCDV 2025 Participants Evaluation

- Overall satisfaction: 60% “met expectations,” 35% “exceeded expectations.”
- Praised: high-quality scientific program, smooth organization, networking, venue, catering, social events.
- Areas for improvement:
 - More hands-on clinical workshops.
 - Greater focus on skin cancer, dermoscopy, and day-to-day clinical practice.
 - Clearer logistical communication (e.g. catering, welcome materials).

§11 2028 Nordic Congress in Oslo – Update

Czarek will be the congress president and informed that the congress dates will be

- Tuesday, April 25 to Friday, April 28, 2028.

Two venue proposals were reviewed, and the board supported the Clarion Hub Hotel to be the preferred choice.

- Organizing and scientific committees were presented, with representation from all regional universities plus one private member.
- Christian will serve as President (NO). Two members from each Nordic country will participate.
- A social committee will be established.

- CAP Partner will serve as congress organizer, with planning beginning in 2025.
- If help is needed - contact can be established, via Rikke, to medical students in Denmark.

§12 NDA President-elect

Christian reported that the by-laws have been amended to include a President-Elect in the NDA board - it was agreed that the president elect will be discussed and announced at the next meeting in Copenhagen on February 6th, 2026.

§13 Other Issues

The need for introduction of a debit card for the NDA board will be settled with the current business with the bank.

Rules for refunding travel and hotel expenses correlated to attending NDA board meetings was clarified: Coverage of expenses apply for board members only:

Copenhagen/ January/ February meeting: travel (hotel)

EADV September meeting: travel +1 hotel night- no coverage if attending the EADV

The next meeting is scheduled on Friday February 6th, 2026, at Clarion Hotel Copenhagen Airport with Board Lunch from 13.00-14.00 and NDA Board Meeting from 14.00-17.00

Christian Vestergaard
NDA President

Deirdre Nathalie Dufour
NDA Secretary General

Sent to all NDA board members 2025-09-23 for review and approval
Posted on the NDA website October 2025